

Transcription Sequence

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If you are struggling with debt

If you're struggling with debt, try not to panic, you are not alone. There are agencies that can help you for free, face to face and over the phone - The Consumer Credit Counselling Service, National Debtline and the Debt Advice Network are to name but a few. It's important to remember that financial difficulties arise for a number of different reasons. The most important thing to remember is that you are not alone. Matters can be made worse by the sense of shame that people tend to feel, even when the financial difficulties are not your own fault. It can come from indirect reasons such as illness or unemployment. It is important to remember that we are here for you, contact your bank and we will deal with all cases positively and sympathetically. It's really important not to bury your head in the sand. A lot of people ignore their bills and their last warnings and it just builds up and builds up. It's really important to contact your bank; and then we can go through everything with you. And of course there are the agencies that we mentioned before and you can contact them as well.